



## Eco-Schools Show 23<sup>rd</sup> June 2010

### The Activity Zone

	Area 1	Area 2	Area 3	Area 4	Area 5	Area 6
Morning	Eco-Life Gizmos	EDF Energy	Be Number 1	RHS	Blue Flag Beaches & Green Flag Award Parks	Green Kids Magazine
Lunch Break 12pm – 1pm						
Afternoon	Eco-Life Gizmos	EDF Energy	Sarah Millin Funky Flip Flops	RHS	Blue Flag Beaches & Green Flag Award Parks	Green Kids Magazine

#### Area 1 - Eco-Life Gizmos

With green engineering and academic backgrounds, we source, supply and advise on the perfect range of renewable energy science construction and energy kits and models for your education requirements (and enjoyment).

This activity gives pupils the opportunity to build and learn about innovative and original alternatively-powered toys which are great for teaching about alternative sources of power.

For more information visit our website [www.ecolifegizmos.co.uk](http://www.ecolifegizmos.co.uk).

#### Area 2 – EDF Energy

This activity gives pupils the opportunity to showcase their creative talents by designing a poster identifying what is important to them on the Pod themes of Energy, Water, Waste, Biodiversity and Transport.

The best poster in each category will be used on the Pod website, materials and all future campaigns!

#### Area 3 (Morning) - Be Number 1

Be Number 1 is a free-to-schools initiative that will help connect your school, your local athlete and bring your community together.

World-class athlete Robin Simpson will be launching Be Number 1 at this year's Eco-Schools Show where he will be running through some fitness feats for the children attending the show.

Join Robin Simpson, an endurance athlete and holder of various world records including the Guinness World Record, World's Fittest Athlete title and see how fit your Eco-team really is; Robin is also aspiring to join the 2012 triathlon team.

Come to the activity area, visit Be Number 1 and tell us your aspiration.

### Area 3 (Afternoon) - Sarah Millin – Funky Flip Flops

Come and create eco-style funky flip-flops using everyday waste and scrap store materials.

You can make sandals, flip-flops and trainers, great for illustrating carbon footprints and making Eco-School displays.

Sarah Millin provides a range of 'Bejewelled' Art Workshops and INSET which explore the magic of everyday waste materials. Sarah is a freelance artist and educator in arts and recycling. She has worked extensively in schools delivering workshops, providing resource packs and INSET training for teachers.

For more information download Sarah Millin's flyer on the Eco-Schools Show website and check out Sarah's website at [www.sarahmillin.co.uk](http://www.sarahmillin.co.uk)

### Area 4 - Royal Horticultural Society – Gardening Workshop



School Gardening is central to the Eco-Schools key topics of Biodiversity, Healthy Living and School Grounds.

A School growing garden is a great way for children to learn where their food comes from and have the chance to learn the important life skill of growing your own food. Growing vegetables and fruit in school can encourage children to eat healthily and provides healthy outdoor exercise. Children can learn first hand the benefits of composting and saving water.

RHS Campaign for School Gardening is a website based resource that will help your school develop its school garden from the planning stage right through to celebrating with the community. There are tips on gardening sustainably and 'top crops' that you can sow grown and harvest in the school terms.

Through our 'benchmarking' scheme – our scheme of good practice - schools can receive resources, certificates and prizes at each of five levels.

In the East of England there is a Regional advisor who offers advice and training through free workshops at schools.

For more information go to: [www.rhs.org.uk/schoolgardening](http://www.rhs.org.uk/schoolgardening)

#### Activity 1 Seed saving and make your own seed packet

Explore the range of flowers and vegetables that can be grown each year from saving your won seed

Design your won seed packet and take home some seeds

#### Activity 2 Sowing and growing flowers to attract beneficial insects in the school garden

Learn about the flowers that attract insect pollinators into the garden and insects predators that help us keep pests under control

Prick out or sow your own pot of bug friendly flowers

#### Activity 3

Taking cuttings – learn how to multiply plants such as lavender to make more plants for your school garden

### **Area 5 - Blue Flag Beaches, Quality Coast Award, Green Flag Award Parks and RiverCare**

Come and discover what it takes to become an award winning beach or park and then use your creative skills to help us build the perfect park, river and beach.

Blue Flag, Quality Coast Awards and Green Flag Award for parks and RiverCare are all programmes which are run by Keep Britain Tidy.

### **Area 6 - Green Kids Magazine – Poetry Workshop**

Green Kids Magazine takes on environmental issues facing the world today in a unique and creative fashion by looking through the eyes of its audience, children aged 5-11. We aim to inform, educate and entertain in a voice that our readers can understand and empathise with. Our topics will open up the world of children's back yards to a global environment, and allow opportunities for them to interact with the content.

Green Kids Magazine will run a workshop that will teach children how to write Acrostic Poetry and have a chance for their poems to be printed in the September issue of the Magazine; we will pick the most original poem from each workshop and publish it!